Female MEDICAL HISTORY INFORMATION SHEET

Name_

Any concerns/issues you would like to discuss today?

GYNECOLOGY HISTORY

First day of last menstrual period?	
Age at 1st period	
# of days between periods	
(from 1st day of period to 1st day of next period)	
Length of period (# of days of bleeding)	
Heavy bleeding?	Y / N
Cramps?	Y/N

Birth control method 🗆 N/A	
Number of sexual partners in last year	
Are you currently sexually active?	Y / N
With whom do you have sex? Males only	Females only
Both Males and Females	
Have you had any sexually transmitted	Y / N
diseases? If yes, which ones?	
Would you like to be tested today?	Y/N

Y / N
Y / N
Y / N

Any history of sexual abuse or domestic violence?	Y / N
Do you feel safe in your current relationship?	Y / N
Would you like to talk about this today?	Y / N

If you are in menopause:

When did this begin	in?			
Which hormone replacement therapy are				
you taking?	\Box N/A			
What symptoms are you having? Please circle				
Hot flashes	Vaginal dryness	Night sweats		
Vaginal bleeding	Low libido			
Mood changes	Difficulty sleeping			

OBSTETRIC HISTORY

Please list all previous pregnancies

PAST MEDICAL HISTORY

Please list all medical problems

PAST SURGICAL HISTORY

Please list all previous surgeries

Today's date_____

MEDICATIONS

List all medications, herbs or supplements

MEDICATION ALLERGIES

SOCIAL HISTORY

Occupation?			
With whom do			
you live?			
Smoke?	Y/N	How many packs	
		a day?	
Drink alcohol?	Y/N	How many	
	-	drinks a week?	
Do drugs?	Y/N	Which drugs?	
International	Y/N	Where and when	
travel in the			
last 6-months?			

<u>FAMILY HISTORY</u>-Please circle if you have any family members with the following:

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Breast cancer	Uterine cancer	Ovarian cancer
Colon cancer	Stroke	High blood pressure
Heart attacks	Blood clots	Diabetes
Osteoporosis	Birth defects	High cholesterol

PREVENTATIVEWhat kind and how often?Do youY / Nexercise?Calcium inY / Nyour diet?Use sunscreenY / NSeatbelt use?Y / N

Have you had the following test? When was this test last done?

fild to you had the follows		When was this tost hast done.
Cholesterol	Y / N	
Diabetes screen	Y / N	
Thyroid test	Y / N	
Colonoscopy	Y / N	
Bone density test	Y / N	

<u>REVIEW OF SYSTEMS</u>- <u>Please circle if you have any of</u> <u>the following:</u>

Fever/CoughFeelingFatigueShortneHair lossChest pWeight loss/gainNauseaBreast pain/lumpRashes/Nipple dischargeSleep diBlood in urine/stoolsDepressPain with urinationExcessivLoss of urine/incontinenceConstipNONE OF THE ABOVE

Feeling hot/cold Shortness of breath Chest pain/ Palpitations Nausea/vomiting Rashes/skin lesions Sleep difficulties Depression/anxiety Excessive bleeding Constipation/Diarrhea ABOVE

*************IF DESIRING FERTILITY, PLEASE COMPLETE THE* NEXT PAGE***************

Past Fertility Testing and Treatments: Please complete with dates and results:

Y/N	
Y/N	
Y/N	
Y/N	
Y / N	
Y / N	
Y / N	
Y / N	
Y / N	
Y / N	
Y / N	
	Y/N Y/N Y/N Y/N Y/N Y/N Y/N Y/N Y/N Y/N

For All Treatment Cycles below, please list the date, number of cycles started, dose of meds, outcomes, and where the cycle was performed.

Ovulation induction cycle(s) with Clomid? Dose?

Ovulation induction cycle(s) with Femara/letrozole? Dose?

Intrauterine inseminations (IUIs) with a natural cycle, Clomid, Femara/letrozole, or injectable meds?

IVF cycle(s)

Fresh embryo transfer (list dates and number of embryos and embryo stage)?

Frozen embryo transfer (list dates and number of embryos and embryo stage)?

Other treatments: